

[BOOK REVIEW]**Essentials of Ethics, Laws, Professionalism and Management for Physiotherapy Students****Kaur Jaspreet¹**¹Principal, KD Institute of Physiotherapy), Ahmedabad

Physiotherapy education in India has seen huge growth in recent years. Yet, we still lack resources that cover key non-clinical parts of professional practice—ethics, laws, professionalism, and management. Dr. Suvarna Ganvir's book **Essentials of Ethics, Laws, Professionalism and Management for Physiotherapy Students**, helps to bridge this big gap. It's a fresh, needed, and timely addition to the field that offers both deep academic insights and clear practical guidance. Dr. Ganvir has decades of experience in teaching physiotherapy leading clinics, and doing research. This shows in how well she's put together the book's structure and content. The book aims at undergrads, but it's just as useful for interns, postgrads, and new physiotherapists who are moving from classroom learning to real-world healthcare settings.

This book stands out because it makes things easy to grasp for students. Ethics and healthcare law can seem vague and hard to connect with for students who focus on getting better at hands-on skills. But this book brings these ideas down to earth by using everyday examples real-life patient situations, and case studies that show the hurdles physiotherapists often face. Take the chapter on Talking Between Professions, for example. The author includes a case where a physiotherapist says no to talking with a patient's family because he is short on time. This scenario kicks off a talk about caring, the duty to communicate, and doing the right thing. This kind of real-world grounding helps students do more than just read about rules—they start to understand and use them in practice.

The book covers two main parts:

- Ethics, Laws, Professionalism, and Values—This part covers the physiotherapy timeline

professional standards, behaviour guidelines legal duties ethical study methods, and ways to communicate. It breaks down ideas like patient choice, privacy, agreement, and cultural awareness in clear doable terms.

- Management and Administration—This part moves to the practical side of running a physiotherapy practice. It looks at healthcare leadership, planning and organizing guiding teams hiring, money matters, promotion, quality control, and starting a physiotherapy unit. These chapters matter a lot to students who want to open their own clinics or lead in hospitals or rehab centres

Every chapter starts with goals to learn and ends with a recap box, book list, and homework for students. This homework has long and short questions to answer, plus multiple-choice tests. This setup helps students for exams and to understand, remember, and use what they've learned.

The visual appeal and pedagogical organization of the book are among its most outstanding qualities.

It contains the following:

- Points of high yield for fast review.
- Key Terms boxes help jargon to be simplified.
- Illustrations, tables, and diagrams provide clarity.
- Practical case studies to bridge theory with reality.
- Procedures regularly employed in healthcare communication—yet seldom expounded upon in great depth in physiotherapy courses—include SBAR (Situation-Background-Assessment-Recommendation) and AIDET (Acknowledge, Introduce, Duration, Explain, Thank You).

*Corresponding author

Kaur JaspreetE-mail: ijaspreet@gmail.com

KD, Institute of Physiotherapy, Ahmedabad.

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These qualities of the book make it perfect for active learning and assist pupils in turning information into professional behaviour and clinical judgment.

The book is humanizing the topic as well meeting scholarly standards. One doesn't learn ethics, laws, and professionalism as theoretical ideas but rather as real-life experiences. Compassion, responsibility, and communication are three traits that underpin effective patient care and are sometimes taken for granted. Dr Ganvir stresses their value including Do's and Don'ts for patient contact, guidelines on care documentation, and direction on leading or participating in a multidisciplinary team helps to guarantee that students are not only being taught but also being prepared as future experts.

Every chapter shows Dr. Ganvir's enthusiasm and authenticity. Her associations with professional organizations, academic boards, and Maharashtra University of Health Sciences give the book much weight. She balances scientific accuracy with applicability in a plain and approachable writing style. Working together with several other well-known contributors and reviewers all over India helps to see different experiences and local contexts present in physiotherapy practice reflected in the book.

Though the book is aimed at the Indian academic and clinical environment, future versions would profit from some international comparative perspectives. Including world ethical norms, international healthcare systems, or short case studies from other nations would increase its relevance and equip Indian pupils for international mobility and overseas university studies.

Integrating digital technology, which would particularly appeal to current tech-savvy students, might give another possible improvement— QR codes linking to sample forms, video case studies, or self-assessment quizzes.

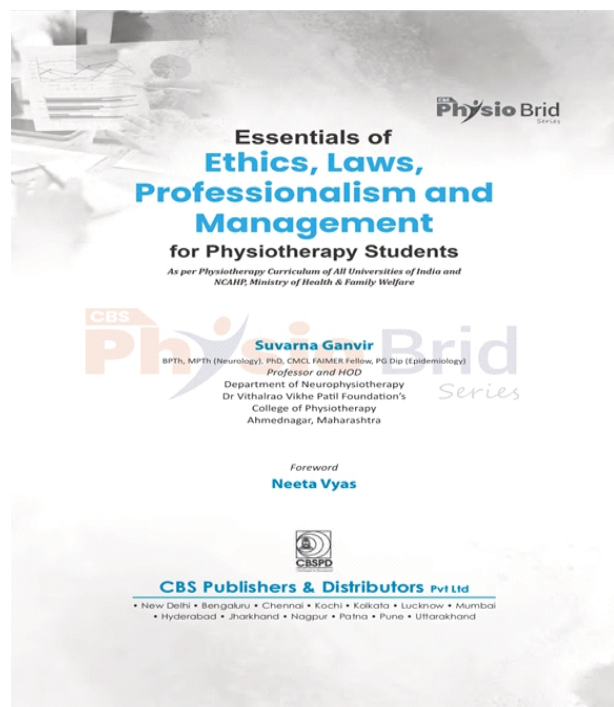
For instructors wanting to create or refresh course material in ethics, legislation, and administration, as well as for students, this book is a helpful reference. Because of its alignment with the NCAHP (National Commission for Allied and Healthcare Professions) curriculum, it is modern, and its thorough syllabus mapping helps it into existing academic courses.

Furthermore, the book could be a regular point of reference in institutional libraries, internship orientation programmes, and professional

development workshops for new faculty and clinical mentors.

Beyond just a textbook, Essentials of Ethics, Laws, Professionalism and Management for Physiotherapy Students serves as a printed mentor. It inspires early professionals and physiotherapy students to be leaders, to accept responsibility, and to reflect upon themselves. By doing so, it fosters a society of ethical, knowledgeable, and confident physiotherapists as well as fills a long educational gap.

This book is therefore a relevant and revolutionary tool in an age when professional competence has to go side by side with clinical abilities. It ought to be regarded as a fundamental element of an academic toolkit by every college student in India and indeed every college.



References:

Kaur KJ. Essentials of Ethics, Laws, Professionalism and Management for Physiotherapy Students. VIMS JOURNAL OF PHYSICAL THERAPY. 2025 Jun 30;7(1):61-5.