

[BOOK REVIEW]**21st Edition of P.J. Mehta's Practical Medicine****Dr. Ruchita Rao Chilkapurwar (PT)¹, Dr. Abhijit D. Diwate (PT)²**¹Post Graduate Student, ²Professor & HOD, Department of Cardiovascular and Respiratory Sciences Physiotherapy, D.V.V.P.F.'S College of Physiotherapy, Ahmednagar.

This is the reworked 21st edition of the book PJ Mehta with many improvements particularly in terms of clarity. As the title of the book and its individual chapters suggest the practical point of view of different systems of the body which are updated as per the latest guidelines. This edition is accompanied by various visual aids to help students and practitioner to understand the subject of medicine better. Each chapter contains clinical applications which highlight the relevance of the text and concludes with a brief but relevant list of references. The book is divided into two parts, parts I is the clinical cases which includes history taking, symptomatology, general examination and examination of the different systems in detail with their symptoms explained. Part II is the Table Work which consist of medical emergency, electrocardiography, radiology, instruments,

procedures of various interventions used as clinical outcomes, haematology, clinical pathology and drugs which usually prescribed in the common diseases. Although the editor states in the preface that a busy student or practitioner may find it difficult to shift the desired necessary knowledge from this vast sea of progress and may loose sight of the basic principle of practical medicine, which is important in day today practice. Noting this insufficiency, even if a long text cannot adequately cover every aspect of a subject as broad as medicine, this problem is remarkably managed in an authoritative manner. It is unquestionably, a landmark, since it contains a very thorough and concise update of the entire field. I solely recommend it with confidence and enthusiasm and predict that it will become a widely read and frequently quoted text.

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